





Wood County Senior Citizens Association, Inc.

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WWW.WCSCWV.ORG

JANUARY 2018 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  CLOSED	2 Grilled Chicken Sandwich Pasta with Vegetables Applesauce Milk	3 Manicotti & Meatballs Green Beans Mixed Fruit Breadstick Milk	4 Beef Roast & Gravy Mashed Potatoes Corn Broccoli Whole Pear Roll Milk	5 Cheeseburger Potato Soup Cole Slaw Yogurt Milk
8 Teriyaki Chicken & Rice Peas & Carrots Banana Roll Milk	9 Meatloaf Scalloped Potatoes Green Beans Peaches Bread Milk	10 White Chicken Chili Buttered Noodles Corn Apple Slices Milk	11 Pork Burrito Bowl Refried Beans Tortilla Chips & Salsa Mixed Fruit Milk	12 Roast Turkey Whipped Sweet Potatoes Mustard Greens Pineapple with Cherry Roll Milk
15 MARTIN LUTHER KING JR. DAY  CLOSED	16 Pinto Beans & Ham Kale Cornbread Banana Milk	17 Fish Sandwich with Cheese Peas Peaches & Cottage Cheese Milk	18 Beef Shepherd's Pie Lima Beans Apple Roll Milk	19 Country Steak & Gravy Mashed Potatoes Peas & Carrots Fruit Cocktail Milk
22 Beef Stew with Vegetables Hot Cinnamon Apples Roll Milk	23 Ziti with Meat Sauce Green Beans Mixed Fruit Breadstick Milk	24 Chicken Pot Pie Apple Crisp Salad with Cheese Milk	25 Sloppy Joes with Cheese Green Beans Apple Sauce Milk	26 BBQ Chicken Black Eyed Peas & Okra Scalloped Potatoes Mixed Fruit Milk
29 Turkey Burger Mixed Vegetables Yogurt Milk	30 Vegetable Chili & Crackers Brussel Sprouts Hot Cinnamon Applesauce Milk	31 Pork Rib Patty Sandwich Baked Beans Broccoli Whole Pear Milk	Menu subject to change due to availability of product. Lunch is served Monday - Friday from 11:20 AM - 12:00 PM Please sign up the prior day to ensure that enough food is prepared. Suggested donation based on monthly income, please refer to chart at the center or on our website.	